

Adapted for Coaching for Healing



UL where people interprets their interior experiences and focus on "I." This is what is the patient experiencing as "I feel hurt, pain or alienated" and the self (UL) and it is subjective, esoteric, Intentionality, personal interests attitudes and values of the internal dynamic of the specific person means the coaching intervention should be about their motivation (why we do things) and should include a dialogue as the or one of the intervention.

LL interpret the collective consciousness of a society, or plurality of people and focuses on "we" In terms of "we" as in our values, family values, our morality, our corporate culture. This could be how the family reacts to chronic pain. Referral to family therapist many be needed. However this quadrant can contain other interpersonal systems, such as vews of your boss, co-workers, friends, etc. on work-life balance.

UR empirical observation of the behavior of organisms interventions of the traditional healthcare. and is objective, measurable, tangible., UR observable behaviors of a person how we do things, muscle testing or SUDS and the client's reaction to them.

LR behavior of healthcare organizations/systems of a society (ITS). Describes the problem of health service fragmentation that underlies the more obvious health care crisis. This describes the alternative, allopathic and complementary systems and the client's reaction to them.